



Chinese Kung Fu & Tai Chi Academy



Code of Conduct

1. Objectives

The Chinese Kung Fu and Tai Chi Academy, Queensland (CKFA QLD) key objectives are:

- 1.1 Providing instruction in a safe environment in the martial art of 'Henry Sue's Circular Tong Long Kung Fu', 'Yang Style Tai Chi', 'Beijing 24 Tai Chi', 'Tai Chi-Ezi', 'Chen Style Tai Chi', 'Chi Gung', Self Defence Movements/Sequences and nay associated activities.
- 1.2 Developing the mental and physical tools for improving practitioner's safety and security.
- 1.3 Promotion of good health and vitality.
- 1.4 Development of positive self-esteem and self-confidence.
- 1.5 Development of the practitioner as a positive role model in the community.
- 1.6 Creating expertise in confrontation management.
- 1.7 Pro-active crime prevention through increased awareness and positive attitudes.
- 1.8 Developing healthy communication attitudes and values.

2. Participant Understanding

- 2.1 Henry Sue's Circular Tong Long Kung Fu is a contact martial art. This means it involves physical contact with one or more other practitioners in ways to simulate as closely as possible the self-defence options available to a practitioner when confronted with physical aggression and/or threatening behaviour. As in any other physically demanding recreational activity there is always a risk of injury. Any practitioner participating in a class conducted by CKFA QLD does so with the full understanding that whilst it is the policy of CKFA QLD to minimize this risk, the nature of contact physical activity prevents its total elimination Practitioners participating in a class conducted by CKFA QLD do so of their own volition and at their own risk.

3. Instructor Qualifications

- 3.1 All supervised instructors have the necessary knowledge requirements as established by the administration committee of CKFA QLD.
- 3.2 All unsupervised instructors are bound by the "Instructors Code of Ethics" of the Martial Arts Industry Association.
- 3.3 All unsupervised Instructors must have in place appropriate public liability and professional indemnity insurance.
- 3.4 All instructors will be bound by this Code of Conduct and the National Code of Practice for Martial Arts instructors.



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4. Safety

- 4.1 Instructors will ensure that the training area is clear of any dangerous and/or sharp objects that may cause a risk of injury.
- 4.2 Instructors will have access at all times to a fully equipped first aid kit.
- 4.3 Practitioners must not wear jewellery, glasses, or watches during training. Glasses may be worn during non-contact training, such as pad work, forms and single hand techniques, where there is no risk of injury to self or others at the students own risk.
- 4.4 All practitioners participating in training agree to maintain self-control at all times and maintain all care in the application of any technique.
- 4.5 Any practitioners who, in training exhibits behaviour that, in the judgement of the Instructor, is a danger to participants, shall not be allowed to continue training until the Instructor determines the danger is no longer present.
- 4.6 As this is a Contact Martial Art, it is imperative that practitioners do not lose focus and concentration during training. At no time is a practitioner to allow himself or herself to be distracted by not participating with full devotion. The practitioner must give his or her full attention to instructions.
- 4.7 Practitioners using weaponry must only do so when they are supervised by an accredited, qualified, CKFA instructor or assistant instructor. They must follow his/her instructions at all times, train in a designated area away from others and wear protective equipment, such as safety goggles, when required.

5. Uniforms & Training Equipment

All Practitioners must wear the following approved clothing, which is available through CKFA, during all training sessions:

- 5.1 Pants: Plain black kung fu pants with or without elasticized ankles – with CKFA logo on pants. Other types of long black pants maybe acceptable only if approved by the instructor. Lycra shorts or tights are not permitted. No Zippers or buttons.
- 5.2 Shirts: Must be school design and colour, and worn tucked in at all times.
- 5.3 Shoes: Only black sports shoes to be worn.
- 5.4 Sashes: Sash to be worn at all times with proper colour patch, knotted on the left side.
- 5.5 Practitioners inappropriately attired will not be allowed to train.
- 5.6 In addition to the general uniform requirements, practitioners must bring a towel and filled drink bottle to each training session.



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6. Sickness or Injury

- 6.1 Practitioners must not train if they are suffering from the flu or other vital infection that may be passed on to other practitioners.
- 6.2 Practitioners must advise the Instructor if suffering from any injury or medical condition, either permanent or temporary, which may be adversely affected by certain types of training. Some examples of this may include blood pressure problems and cardiac disorders, neck and back injuries, diabetes and asthma.
- 6.3 If requested by the Instructor, practitioners with above or like conditions must show this Code of Conduct to their physician and secure a medical certificate clearly stating that the practitioners is able to participating in classes conducted by CKFA QLD and whether there are any restrictions or conditions applicable.

7. Other Health Issues

- 7.1 Practitioners must not attend training under the influence of alcohol or illegal drugs
- 7.2 Smoking is not allowed in the Hall or surrounding areas where practitioners are training
- 7.3 Practitioners training must give proper attention to their hygiene and exhibit clean grooming. For example, ensuring that fingernails and toenails are trimmed and clean, showering before class (if appropriate) and washing hands before training.
- 7.4 Practitioners with a cut or bleeding injury must cease training immediately and receive appropriate first aid from an instructor. Re-joining the training session will not be allowed until the instructor has deemed that it is safe to do so.
- 7.5 Instructors administering first aid to a practitioner suffering a cut or bleeding injury must wear protective gloves.
- 7.6 Long hair to be neatly tied back at all times.

8. Training Area Ethics

- 8.1 Practitioners must always be courteous and helpful to each other.
- 8.2 Physical contact between practitioners who are training must be appropriate to the situation and necessary for the skill development of those practitioners.
- 8.3 Sexual Harassment, defined as being where a practitioner is subjected to unwanted or uninvited sexual behaviour, will not be tolerated.
- 8.4 Any form of discrimination based on sex, ethnic origin, language, colour, or other form of differentiation will not be tolerated.
- 8.5 No swearing.
- 8.6 No spitting
- 8.7 No unnecessary talk.



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- 8.8 Contact Instructor if unable to attend classes.
- 8.9 Practitioners will salute to their Sifu upon entering and leaving the training area, and to all CKFA members and Instructors at the appropriate time. They will address them with their correct CKFA titles and these courtesies also apply when meeting each other outside after school hours.
- 8.10 Appropriate shoes must be worn during training.
- 8.11 Practitioners must be punctual to class.
- 8.12 Mobile phones must be switched off during training.

9. Grading Conditions

- 9.1 Opportunity to grade under the CKFA QLD syllabus occurs when the practitioner has met the requirements of the CKFA QLD syllabus for that grade to the satisfaction the Instructor.
- 9.2 The Instructor determines grading dates.
- 9.3 The practitioner must be a current financial member of CKFA QLD. Membership must be paid in full prior to grading.
- 9.4 Grading fees must be paid prior to grading date.

10. Conditions of Understanding

- 10.1 CKFA QLD reserves the right to revoke the grading and membership of any practitioner who breaches this Code of Conduct or is convicted of any criminal offence.
- 10.2 Tuition fees for classes are paid in advance of lesson.
- 10.3 All practitioners participating in a class or course conducted by CKFA QLD must agree to be bound by this Code of Conduct. CKFA QLD reserves the right to make amendments or additions to this Code of Conduct at any time.